

product information Sept. 2019 to Aug. 2020 Fundraising Season

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Elmira Select Boneless Breast

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	80	1 g	0 g	0 g	40 mg	460 mg	0 g	17 g
Product Nur Approximat			Fund	lraising	selling Price	e: \$37.00	Pa	ck Size: 3.

Ouik Strips[™] s

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless. Now with a new taste!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	110	1.5 g	0.4 g	0 g	50 mg	420 mg	2 g	22 g	
Product Num	ber: 6905	605	Fund	Iraising	g Selling Price	e: \$35.00	Pa	ck Size: 2	.00 kg

Fullv Cooked Breaded Chicken Bites GMSW

Juicy, boneless breast meat bites in a deliciously seasoned crumb coating; perfect plain, dipped or sauced.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	160	2g	1g	0 g	35 mg	800 mg	19 g	13 g	
Product Num Approximate			Fund	lraising	selling Price	e: \$26.00	Pa	ick Size: 2 .	.00 kg

Tender L'Oven Chicken Fillets GSW

An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven! Serve with your favourite tasty sauce.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	180	5 g	0.5 g	0 g	30 mg	470 mg	21 g	13 g	
Product Num			Fund	lraising	selling Price	: \$28.00	Ра	ick size: 2.	00 kg

Spi asts GW

breaded in a spicy coating. Great on a sandwich or Tend as a oles

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	180	5 g	0.5 g	0 g	40 mg	400 mg	20 g	15 g	
Product Num Approximate			Fund	Iraising	selling Price	e: \$30.00	Pa	ck Size: 2	.00 kg

Fully Cooked Breaded Chicken Burgers GSW

Breaded and fully cooked 100% breast meat chicken burgers now almost TWICE the size. Take a big bite out of a favourite meal everyone will love.

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Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
126 -	250	11 -	25-	0.2 -	FO	(20	24-	14 -	

126 g 250 11 g 2.5 g 0.2 g 50 mg 630 mg 24g 14 g Product Number: 6345603 Fundraising Selling Price: \$27.00 Pack Size: 2.5 kg Approx 20 burgers

JDS Classic Choice Beef Burgers S MU

Satisfy your hunger and sink your teeth into our 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	380	27 g	13 g	1 g	115 mg	680 mg	13 g	22 g
Product Num	96	Fund	Iraising	selling Price	: \$37.00	Pa	ck Size: 4	
30 patties								

Allergens: E = Eggs, G = Gluten, M = Milk Ingredients, S = Soy, Su = Sulphites, W = Wheat, MU = Mustard Allergen Statement: All products are produced in a facility that handles the above allergens.



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Ba	con Ch	edda	r Griller	- Un	bread	ded S	Stuffed	Chicker	n Breasts
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Our delicious chicken breast glazed and stuffed with a blend of cheddar cheese and bacon. Perfect for the grill or baked in the oven.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
170 g	240 g	10 g	4.5 g	0.2 mg	95 mg	720 g	4 g	31 g	
Product Num Approximate			Func	lraising	Selling Price	:: \$27.00	Ра	ck Size: 1.	36 kg

Breaded Stuffed Breast Chicken Divan GMSW

Tender, juicy all white boneless breast meat filled with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
113 g	210	10g	10 g	0.2 g	40 mg	480 mg	15 g	14 g	
Product Num 12 portions	ber: 4395	604	Func	Iraising	selling Price	: \$24.00		Pack Size	: 1.36 kg

Breaded Stuffed Breast Chicken Cordon GMSW

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham; coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
113 g	220	10 g	3 g	0.1 g	45 mg	760 mg	14 g	17 g	
Product Num 12 portions	ber: 4395	602	Fund	lraising	selling Price	: \$24.00		Pack Size	:: 1.36 kg

Breaded Chicken Parmesan GMSW

Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
150 g	320	15 g	4 g	0.2 g	40 mg	780 mg	29 g	18 g	
Product Num 18 portions	Fund	Iraising	selling Price	:: \$35.00	Ра	ck Size: 2	.70 kg		

Sweet & Savory Rotisserie Style Chicken Pieces swg

Unbreaded chicken pieces glazed and seasoned with a sweet and smokey rub. Perfect for cooking in the oven or on the grill.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	160	10 g	3g	0.1 g	50 mg	950 mg	2 g	13 g	
Product Nu 18 Pieces	Fund	draising	g Selling Price	e: \$30.00	Pa	ick Size: 2	chickens		

Mild Breaded Chicken Wings Gws

Breaded, seasoned and fully cooked wings can be enjoyed plain or dressed with your favourite sauce to suit everyones tastes.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	250	14 g	3 g	0.1 g	75 mg	670 mg	16 g	15 g	
Product Num Approximate			Fund	Iraising	selling Price	e: \$30.00	Pa	ck Size: 2	.00 kg

Fully Cooked Turkey Sausage GW

Our turkey sausage is juicy and full of flavour. They are great for any meal prepared in the oven, stove top or grill!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	140	7 g	2.0 g	0.1 g	70 mg	470 mg	4 g	16 g	
Product Num	Fund	Iraising	selling Price	: \$30.00	Pa	ck Size: 2.	.00 kg		

For specific ingredient information please don't hesitate to call: 1-800-663-5694.

100 g	180	۶g	0.5 g								
duct Number: 4325603 Fundra roximately 40-45 pieces											
icy Breaded Chicken Brea der sliced whole breast portions lightly b satisfying entrée with a salad or vegetabl											
rving Size	Calories	Fat	Sat. Fat	Tı							
100 g	180	5 g	0.5 g	(
uct Number 4205602 Eundrai											

Sept. 2019 to Aug. 2020 Fundraising Season

Organizer or Organization (not JD Sweid Foods)

Total

Dollars



Collect orders from supporters

Fundraiser Salesperson: _____

Supporters make cheques payable to:

NEW!

Phone Number: ______ Salesperson's email _____

3295609 6345603 4395602 4395604 4395600 6905605 6365611 6215601 1030196 6425600 3415601 6325601 4325603 4305602 JDS Classic Choice Beef Turkey Boneless Unbreaded Tender Fully Cooked Breaded Breaded Breaded Quik Rotisserie Fully Cooked Supporter Name & Mild Breaded Choice Beef Bacon Chedda Breaded Style Chicken Chicken ĽOven Chicken Chicken Strips Phone Number Chicken Burgers Griller Fillets Breasts Cordon Divan Parmesan Pieces Chicken Wings Burgers Sausage Breasts \$37 \$27 \$26 \$28 \$24 \$24 \$35 \$37 \$30 \$30 \$27 \$35 \$30 \$30 Total boxes of each product Total boxes x \$5.00 = Profit earned by this program 3295609 Boneless Chicken Breasts 4395604 Breaded Chicken Divan Payment for product is due in advance 3415601 Unbreaded Bacon Cheddar Griller 4395600 Breaded Chicken Parmesan 6325601 Fully Cooked Breaded Chicken Bites 6905605 Quik Strips[™] Please return Sell Sheet to program organizer by: 4325603 Tender L'Oven Fillets 6365611 Rotisserie Style Chicken Pieces **4305602** Spicy Breaded Chicken Breasts 6215601 Mild Breaded Chicken Wings **NEW!** 6345603 Fully Cooked Breaded Chicken Burgers 1030196 JDS Classic Choice 5.3oz. Beef Burgers

4395602 Breaded Chicken Cordon

Date

6425600 Fully Cooked Turkey Sausage